

# THE BUZZ

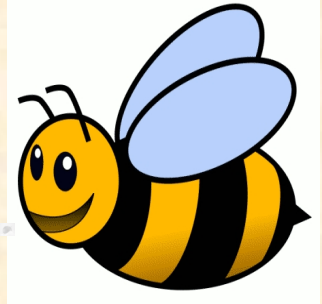
## What's buzzing?

### Season's Greetings!

*Happy Holiday to you, your family, and your students. May the sights of the season bring joy and laughter to your hearts. I wish you the very best this holiday season and a new year filled with health, prosperity, peace, and everything nice. Thank you for your ministry and your continued support. Thank you for sharing your love with the youngest members of our church.*

*Yours in His Service,*

*Marlene C. Alvarez  
Early Childhood Education assistant director*



**“The earth is the LORD’S, and all it contains, The world, and those who dwell in it.”—  
Psalm 24:1, NASB**

The picture below is hidden in the newsletter. Be the first to find it and e-mail its location to [earlychildhood@atlanticunion.org](mailto:earlychildhood@atlanticunion.org) to receive a gift.



Birthday wishes to all teachers and students who celebrate birthdays during the months of December, January, and February. May you enjoy the sights and celebrations of the winter. May God’s love fill you with warmth and peace. May God bless you abundantly.

Bonne Fête!

Feliz Cumpleaños!

Happy Birthday!



## ECEC NEWS

**Berea Academy:** The Berea Academy had its annual Berea Day on November 22, 2014. It was a great celebration of Seventh-day Adventist education. The highlight of the service was when the pre-kindergarten students did the welcome. They proudly held up their letters and welcomed the church. They also added flavor to the service by singing a special song. Congratulations to the principal, the teachers, and the students of Berea Academy for a job well done!

### Creating the Nutritionally Purposeful Classroom

I just received the November issue of *Young Children*. In an article written by Karrie Kalich, Dottie Bauer, and Deirdre Mc Partlin I learned some lessons about health that I want to share. Did you know that children’s dietary habits are established early in life and shaped by family preferences, culture, and experiences? The children in our classrooms spend a lot of time with us and we as educators play a very important role in guiding their preferences and eating habits. If all we offer is crackers and chips and fail to expose them to fruits and vegetables, we are doing them a disservice. In our classrooms, we need to encourage living a healthy lifestyle. We need to engage them in preparing and consuming healthy meals. We need to incorporate healthy foods and messages about nutrition into their learning environments. Our classrooms need to be a nutritionally purposeful classrooms. In addition, in the winter we tend to have more indoor activities instead of outdoor activities. Fresh air, whether it is in the winter, spring, summer or fall, is essential for the children. There are many activities that can be done outdoors in the winter. **“Healthy, Happy, Active, Fit: All 4 Kids; Eat Smart, Don’t Sit!”**



**The God who made the world and all things in it, since He is Lord of heaven and earth, does not dwell in temples made with hands.—  
Acts 17:24,NASB**



## EARLY CHILDHOOD EDUCATION

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## The Busy Bees of Atlantic Union Conference



### Recipe

#### Sugarless holiday cookies

Mix the following together:

3 mashed bananas (ripe)

1/3 cup of apple sauce

2 cups of raw oats

1/4 cup of almond milk

1/2 cup of raisins (optional)

1 tsp of vanilla

1 tsp of cinnamon

Bake at 350 for 15-20 minutes.



#### A Little Birdie Told Me...

## upcoming events

**Connecticut:** Check out this website for upcoming events. [www.ctaeyc.org](http://www.ctaeyc.org).

**Maine:** April 2015, Week of the Young Child. Information is available at [www.maineaeyc.org](http://www.maineaeyc.org).

**Massachusetts:** March 27-28, 2015, Massachusetts Association for the Education of Young Children Spring Conference. Information is available at [www.massaeyc.com](http://www.massaeyc.com).

**NAEYC:** June 7-10, 2015, National Institute for Early childhood Professional Development. Information is available at: [www.naeyc.org](http://www.naeyc.org).

**New York:** April 9-11, 2015, New York State Association for the Education of Young Children annual conference. Information is available at [www.nysaeyc.org](http://www.nysaeyc.org).

**AUC:** April, 2015, Early Childhood Rally. The rally will bring together members of the ECEC family to celebrate early childhood education in the Northeastern and Greater New York Conferences.



### Resources

- ⇒ [www.teachhub.com](http://www.teachhub.com) provides lessons and resources for teachers by teachers.
- ⇒ [www.teacherbulletin.org](http://www.teacherbulletin.org) provides lesson units and resources for teachers by teachers. The Teacher Bulletin is always looking for writers. Check it out. Use the resources and become a writer and share your resources with others.

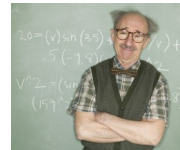
### Thought for the Journey

"Education is the most powerful weapon which you can use to change the world."—Nelson Mandela



### Just for laughs:

**Little Girl:** "Mommy, today in school I was punished for something that I didn't do."



**Mother:** "That's terrible! I'm going to have a talk with your teacher about this....by the way, what was it that you didn't do?"



**Little Girl:** "My homework."



**Q.** What two boys are always in school?

**A.** Art and Gym!

