

THE ATLANTIC UNION

JULY 2004

GLEANNER

Drink Up:

Stay Hydrated for Your Health

**Academy Student the Youngest of Twelve
Conducting Evangelistic Meetings
in Cameroon**

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ABOUT THE COVER: This month's cover story encourages our readers to drink up and stay hydrated for their health. Read more on page 8. The photo on the cover is a composite of PhotoDisc images.

MISSION STATEMENT

To faithfully chronicle the work and progress of the church in the Atlantic Union territory and inform, instruct, and inspire our church members.

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Evangelism – The Divine Mandate

The mandate to the church is to take the gospel to everyone (Revelation 14:6). Jesus modeled what He hoped His disciples throughout the ages would do by going to the masses rather than waiting for them to come to Him. Jesus showed a small group of men what He wanted them to do and then commissioned and empowered them to go and do likewise. Jesus knew the disciples would be intimidated by the colossal task. Hence, He prefaced His commission with the words, “I have been given complete authority in heaven and on earth”—Matthew 28:18, NLT. In light of this fact go and make disciples of all nations. The assurance implicit in these words is for us today because we have the daunting task of reaching every person with the gospel.

Can paid workers accomplish this task by themselves? No. Every member who has been gifted by God has to see this as a personal responsibility. Some of the most influential Bible characters who have made the most lasting impression on the work of God were not full-time paid workers. They were persons engaged in regular everyday work. They brought the principles of heaven into what they did. Abraham was a rancher, Joseph grew up on the family farm and later became a government official in a foreign country. Daniel, though known as a prophet, was a chief political advisor to several kings, and Nehemiah might also be considered a career bureaucrat. Even Jesus spent most of his life on earth as a regular worker.

To fulfill the Divine Mandate of evangel-

ism, church members need to be authentic and develop in the following ways:

First, we must develop competence. Whatever we do, we must do it well. We are called to work with all our hearts (Colossians 3:23). Our most convincing argument for the cause of truth is our commitment to excellence.

Second, we must develop a Christlike character. Competence must be controlled by a Christlike character. If we do not allow our giftedness to be controlled by a Christlike character our witness will be compromised.

Third, we must strive to be considerate. Jesus was the most considerate person who ever walked this earth. He met people where they were: the Samaritan woman at the well, Peter by the sea, and Nicodemus at night. Consequently He baptized more individuals than John the Baptist (John 4:1).

Fourth, we must develop wise communication strategies. As we take the gospel to the world, we must communicate wisely (Proverbs 25:11). We are to be ready at all times to give a reason for our faith.

Lastly, we must develop courage. Why did Jesus preface His commission with the reminder that all power in heaven and on earth was at His disposal? So that when we are confronted with the challenges of sharing the gospel we would know there is nothing that can come our way for which provision has not already been made. ①

Samuel Bulgin is president of the Bermuda Conference.



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A Blast from the Past

Warm weather, daffodils and friendly smiles welcomed former Atlantic Union College (AUC) students to the Alumni Homecoming April 16-18. The weekend's program featuring choirs, instrumental groups and guest speakers proved to be spectacular and uplifting.

Since this was my first Homecoming and I am the president's wife, I decided to interview some of the alumni and get to know them. I've always enjoyed hearing students reminisce about the "good ole days," and with a little encouragement, a few shared their memories with me.

My first victims were three young people, two past graduates and one excited fellow scheduled to graduate on May 9. Kimone Powell '02 and Golda Maxwell '03 laughingly remembered the night they came in after curfew and knew they'd be in trouble. So one diverted the desk worker while the other stole the sign-in sheet and a fresh sheet of paper intending to copy the whole list again and insert their own names well before curfew time.

"So did it work?" I asked.

They both burst out laughing.

"We couldn't do it," Golda confessed. "The desk worker was a good friend of ours and we didn't want to get her into trouble. So we just took our punishment!"

Hooray for consciences that become extremely uncomfortable with lying!

With the two women sat Theophil Samuel '04, a theology/history major scheduled to become an alumnus May 9. He recalled climbing up on a ledge outside the women's dorm where he and some other boys serenaded the girls with lively gospel songs. One irate young woman stuck her head out of the window and yelled, "Would you all shut up? I'm trying to study for a test up here."

"No way!" one singer responded. "These gospel songs will help you do even better on your test."

"Yeah, right!" she retorted, slamming the window.

To her surprise, she got an A on her test the next day. The following week she called one of the singers and

said, "Could you all come over and sing again tonight? I've got another test tomorrow!"

All three of the young people fondly recalled Friday nights at the home of Pastor "Mo," (Pat Morrison) of the College Church. Sticky buns, snacks, drinks, Bible games and good talk made those evenings memorable.

"It was so much fun," Golda said. "They had a big box of funky socks by the door and we'd all take off our shoes, put on those crazy socks and kick back and talk and eat. I miss those Friday nights with Pastor Mo."

Joan Francis, '73, was voted alumna of the year. In her Saturday vespers talk she fondly remembered a teacher who drove her into Boston to do some research. No pay was involved. The teacher just wanted to help her do her best and the kindness still resonates in her heart 31 years later.

Ron Turk, '59, told me what a wonderful history teacher Dr. Werline had been. In his classroom history came alive? He also remembered something else that came alive—an odor in the dormitory that lasted for weeks. Some heartless student parked his Limburger cheese on a radiator! Even the skunks left the area. Unfortunately, the students couldn't!

"I also remember a band trip we took," he continued with a grin. "It lasted four or five days, and every church we played at provided a meal. Unfortunately, every single meal proved to be baked beans and potato salad. It got so funny we could hardly eat. At the end of the year, we presented our band director, Dr. Judy, with a huge bean pot and we all had another good laugh."

His wife, Mary Lou (Darrow) Turk, '59, recalled a wonderful week of prayer held by Elder Wayne Thurber. Although she doesn't recall the week's topic, the two theme songs he used attached themselves firmly to her and changed her life. "I can, I will, I do believe," and "My desire to be like Jesus." Ironically, her department boss, Mabel Bartlett, confided to her employee that she was concerned about the trite little choruses Thurber was using. She wanted him to use

By Fern Gibson Babcock



the powerful old-fashioned hymns. Mary Lou never told her that those “trite choruses” changed her life!

Dr. Werner Liebold, '59, testified that a 1958 week of prayer held by Elder Heppenstal focused on dedicating yourself to God, and that single week made a big difference in his life.

Marilyn Caez Scott, '88, remembered playing the guitar in homes and hospitals and taking part in the SPRAY outreach (Special Projects and Recreational Activities for Youth). A bus would drive around the Lancaster area on Tuesday nights and bring community children to the gymnasium for games and activities with student volunteers.

“I got really attached to some of those kids,” she said. “It was a good outreach and helped to break down prejudice in the community. I also remember the wonderful times we had when faculty mentors invited us to their homes for worships.”

Maurice Montgomery, '54, also listed Dr. Werline as a great history teacher and G. H. Minchin as a wonderful theologian. Montgomery and R. Lenbert Cheney, '53, practiced their preaching skills in area churches such as Brockton, Massachusetts.

“I had to work really hard to get through school,” he commented. “I had a full time job at Surprenant Manufacturing in Clinton. The plant made heat resistant cable and Teflon coated wires for planes. It was tough getting my homework done and staying awake in classes.”

Andrew Choi, '92, thought that being involved in leadership in the Student Association (SA) really prepared him for life after college. His years as SA treasurer fostered his

interest in accounting and led to his current job. He also felt that being on the building committee for Chan Shun Dining Commons was invaluable experience.

“I met my wife here, too,” he added. “That was a big plus! Oh yes, I'll never forget going with about 40 others to St. Croix after a hurricane had damaged the Adventist church and members' homes. We felt so good helping them get things in shape again.”

Ruthann Lindfors Haus, '55 and '86, has nothing but good to say about the Adult Degree Program, which she took before going to Loma Linda for her master's in public health.

“I enjoyed associating with ADP students from all over the world, and although we had to work hard, the AUC teachers really prepared me for Loma Linda. I appreciated the way I could call them at any time from wherever I was and get help with my classwork.”

John Satelmajer, '98, credits faculty mentoring with his success in the accounting field. “The after class talks and personal guidance that Mark Hyder gave to me were so valuable. Another thing that I fondly remember is being in the student senate and being the SA president. We emphasized outreach programs such as raking leaves for the elderly, visiting retirement homes, and going to Clinton to help out in the food distribution program.”

“I was SA president in 1996 and 1997. We officers got busy and wrote some grants and funded two research scholarships. We started that year \$40,000 in debt and two years later when I graduated, our SA account had \$20,000 in it! Not all projects were suc-

cessful, though. We tried to start a radio station in Miles Hall. You can still see the antennae up there. Problem was, it was only a half watt so it didn't even reach the dormitories!”

“I took German for two years and the German teacher arranged for all of us two-year students to take a ten-day trip to Germany with her. She sold tickets to adults and for every ten sold, collected a free ticket for her students. I'll never forget a young New Yorker who approached two of us on the street in Berlin. We'd been chattering in German, so in slow and deliberate English she asked, ‘Do either of you speak English? I need directions.’ How we laughed as we told her we were from Boston! We had some good times here at AUC.”

Lawrence Chhange, '94 and '97, also remembered the fun. “A bunch of us guys would go out at night and pick up Dean Wells' VW Rabbit and park it somewhere else. He never knew where he'd find his car in the morning! I liked AUC because the classes were small and we knew each other and the teachers knew us. I'd been to a community college first and the classes there were huge. It was great to get to AUC and feel part of the group.”

As I talked to these alumni, I enjoyed the enthusiasm, the fondness in their eyes, the warm memories that the interviews brought back. Atlantic Union College has a very special place in the hearts of its graduates and the 77 graduates in this year's class will no doubt have their own memories to add at the next Homecoming! ☺

Fern Gibson Babcock is the wife of George Babcock, president of Atlantic Union College.

¿Qué Está Pasando?

EN LA IGLESIA MUNDIAL

Perú: El Congreso conmemora la educación adventista y sus fundadores

11 de Mayo del 2004, Lima, Perú
[ANN] — El Congreso del Perú recientemente pagó un tributo a la educación adventista y a sus fundadores que llegaron por primera vez al altiplano de ese país en 1909.

Los misioneros adventistas Fernando y Ana Stahl, provenientes del oeste medio de los Estados Unidos, arribaron a los Andes del Perú en 1909, donde hallaron una población indígena oprimida. Junto al 95 por ciento de la población nativa, fundaron capillas, clínicas, mercados y la primera escuela de educación mixta. El sistema educativo creció hasta alcanzar las 200 escuelas en la región del Lago Titicaca y una generación después, los habitantes del altiplano pudieron elegir un graduado de esas escuelas como representante ante el Congreso del Perú.

Charles Teel, profesor de religión y sociedad en La Sierra y organizador del viaje, continúa la tarea de los misioneros en el Centro Stahl de la Universidad de la Sierra. El centro fue establecido por él en 1988 con el objetivo de “transmitir una visión de servicio en todo el mundo a una nueva generación.”

Teel dijo que Yanarico Huanca, diputada representante de la ciudad peruana de Puno y coordinadora del evento del 29 de Marzo, realizó dos consideraciones de importancia que no fueron pasadas por alto por la audiencia.

“En primer lugar,” dijo Teel a ANN

en una entrevista telefónica, “recordó el hecho que alrededor de 75 años atrás este mismo recinto resonaba con abucheos y silbidos de las galerías y también de algunos senadores mientras el Senado del Perú debatía (y eventualmente aprobaba) la inclusión de una cláusula de tolerancia religiosa en la Constitución Nacional del Perú, una cláusula introducida en parte como resultado de los arrestos, las marchas forzadas y la pérdida de vidas de los seguidores de los Stahl durante la segunda década del siglo veinte.”

Una segunda clara implicación de este evento según mencionó Yanarico fue la naturaleza sostenida del desarrollo de la presencia de la iglesia en el país. Hasta hace poco tiempo atrás, Anthony Stahl, nieto de los misioneros, trabajó como director de ADRA en Perú, que está considerada una de las cuatro organizaciones no gubernamentales más prominentes del país.

Según Teel, Yanarico expresó que la presencia y la participación de educadores, diputados y estudiantes peruanos “enfaticó aún más que el evento no sólo celebra la historia, sino también un dinámico presente.”

Henry Pease, presidente del Congreso del Perú celebró el hecho que ese organismo haya tenido un foro que buscó reconocer y fortalecer la educación rural del país y sobre todo recordó los esfuerzos educativos que llevó a cabo la Iglesia Adventista

a través de Stahl y sus hijos, quienes vivieron junto al pueblo.

“Es una acción admirable que los peruanos debemos reconocer porque la única manera de cambiar el país es unirse a los pobres, a los excluidos, a los que fueron dejados al margen cientos de años atrás,” dijo, según un informe de la agencia de noticias ALC.

Cada primavera un grupo de estudiantes de la Universidad de la Sierra del sur de California y de otras instituciones de educación superior adventistas viajan a Perú para seguir en las huellas de Fernando y Ana Stahl. El evento del Congreso fue planificado de manera que coincidiera con el vigésimo viaje educativo de la Universidad de la Sierra.

“Me impresionó cuán positiva es la reputación de la Iglesia Adventista en el Perú,” dijo Raewyn Hankins, un alumno de cuarto año de La Sierra que formó parte del viaje educativo. “La mayoría de las veces, la gente la conecta [a la iglesia] con la educación.”

Durante la ceremonia, David Jiménez Sareon, gobernador del estado de Puno, expresó su “aprecio y amor por la iglesia que representan y por su obra educativa.”

Para participar en los viajes patrocinados por el centro a Perú, Asia y Africa o para saber más del Centro Stahl de la Universidad de la Sierra, escriba a stahl@lasierra.edu.

Ansel Oliver
Adventist News Network
Traducción: Marcos Paseggi

DRINK UP:

Staying Hydrated for Your Health

Hey, you're committed to a healthy lifestyle. You make sure to eat plenty of fruits and vegetables and you've cut out most of the saturated fat in your diet. You watch your weight, exercise several times a week and even make time for meditation to keep your spirit as strong as the rest of you. Still, you may be neglecting an important component of your body's health—your hydration.

Think about it. You may be able to recall what you ate yesterday, but can you remember what you drank? While water is a vital nutrient, the majority of Americans don't consume the amount their bodies need—a survey conducted in 2000 found that over half drink less than 8 8-ounce glasses of water a day. And actually this common recommendation may be on the low side—if you

work out regularly, you need even more fluid to replace what you lose during exercise.

If you short yourself on H₂O, you may notice the results in the gym—dehydration can impair your exercise performance. Because our bodies need water to function normally, when you're dehydrated you may also feel tired, have trouble concentrating or wind up eating more than usual since our bodies often misinterpret thirst as hunger. And taken to extremes, dehy-

dration can even have life-threatening consequences as a result.

WHY WE NEED WATER

While there are countless books devoted to proper nutrition and effective exercise regimes, water is sometimes overlooked as an integral part of any fitness program. Part of the reason is that many people don't realize water's importance for good health, says Kristine L. Clark, Ph.D., director of the sports nutrition department at Penn



State University. “People don’t realize that water is one of the six classes of nutrients,” says Clark. “The average person thinks of water as an insignificant beverage and it’s very significant. It’s like a vitamin or mineral—if you don’t get enough of it, you’re really missing out.”

There are both health reasons and physical performance reasons that make proper hydration important to all adults and children, agrees Larry Armstrong, Ph.D., professor of environmental and exercise physiology at the University of Connecticut. “Our bodies are made up of 60 percent water by weight, and we need to maintain that water for proper functioning of our cells and our body organs,” says Armstrong. “For example, the circulatory system includes blood which is primarily water and the inside of our cells contains primarily water; thus, it’s important to replace the water each day.” Our bodies also use water to convert food into energy, remove waste, regulate body temperature, and carry nutrients and oxygen throughout our bodies.

Unfortunately, however, it’s easy to be dehydrated and not even realize it. “We have the ability to mask our thirst mechanism,” explains Clark. “And when we do feel thirsty, we’re already about 2 percent dehydrated so the feeling of thirstiness is actually a symptom of dehydration.”

(Dehydration is measured in percentages relating to body weight—for example, a 150-pound person who is 1 percent dehydrated has lost 1.5 pounds in water weight.)

Just how does the thirst mechanism work? Your brain reads the concentration of your blood constantly, and

when your body water level has been reduced by about 1 or 2 percent, you’ll feel thirsty and presumably drink something. The problem is that people often don’t drink enough to make up the difference and maintain that 1 to 2 percent level of dehydration over time.

At the gym, this can translate into decreased performance. “When you lose about 1 percent of your body weight, your body begins to show the signs of the strain that it’s experiencing in terms of increased heart rate and increased core body temperature,” says Armstrong. “At 3 percent body weight loss, endurance performance begins to decline, and at approximately 5 percent body weight loss strength and power performance degrade.” Even mild dehydration can affect your day-to-day life as well—you may feel lightheaded, dizzy, tired, headachy or have trouble focusing or concentrating as well.

GETTING WHAT YOU NEED

So how much water should you be drinking? It’s probably more than you think—the average sedentary person loses about 2.5 quarts of water a day through ordinary activity alone. And if you exercise, you lose between .8 and 1.5 quarts of fluid each hour in addition to that. All of this fluid must be replaced to maintain optimal hydration.

You’ve probably heard or read that people need 8 8-ounce glasses of water each day, but that’s not necessarily true. “That recommendation came from literature on weight management but there are no studies proving that the average person needs 8 8-ounce glasses of water,” says Clark. In fact, your water needs

are probably higher than this baseline. The American College of Sports Medicine recommends that people drink 14 to 22 ounces of fluid 2 to 3 hours before exercise; 6 to 12 ounces of fluid every 15 to 20 minutes during exercise; and 16 to 24 ounces of fluid for every pound of body weight lost during exercise.

While water is always a good bet, you needn’t rely only on H₂O to satisfy your fluid needs. Beverages like soda, juice, and milk all contribute to your daily total as do foods like soup, fruits and vegetables that are naturally high in water content. You can up your intake by having a big glass of water first thing in the morning; keeping a bottle of water on your desk at work; drinking a glass at mid-morning and mid-afternoon; and being sure to drink before, during and after exercise.

There are two ways to easily monitor your own body water status. Weigh yourself first thing in the morning and before and after exercise; then drink a pint of fluid for each pound you lose during your workouts. Or simply pay attention to the volume and color of your urine—it should be straw-colored or pale yellow, says Armstrong.

Make it one of your fitness priorities to aim for optimal hydration. If you’ve been drinking too little, you may notice a marked improvement in the way you look and feel when you increase your water intake. Even if you don’t notice a difference, by drinking more water you’ll also be helping your body function at its best. ☺

Freelancer Kelly James-Enger writes about health, fitness and nutrition from Downers Grove, Illinois. This article originally appeared in ENERGY FOR WOMEN.

Eighty-four Years Old and Still Playing the Organ



Octavi Purcell has played the organ for more than forty years.

Octavi Purcell is an active member of the Monticello Seventh-day Adventist Church in Monticello, New York. She is the organist there. She has been playing the organ for more than forty-three years. Fifteen of these years have been at her present church. Octavi has worked in several departments at the Monticello church including, but not limited to, the Personal Ministries and Sabbath school departments, and as a deaconess.

She was born in the Dominican Republic, was baptized at age 16, got married in her twenties, and then suffered the tragic loss of her husband after five years of marriage. She has one son with whom she lives. Octavi's greatest hope is to be with Christ when He comes a second time.

Alanzo Smith, correspondent GNYC



June Smith shared types of communication styles.



Communication directors from several churches in the Greater New York Conference attended the annual Communication Workshop.

Greater New York Conference Holds its Annual Communication Workshop

They came, listened, understood, and pledged to be more effective communicators as they work for the Lord. This was the sentiment of the participants who attended the annual Greater New York Conference Communication Workshop. Several churches participated. The attendees were delighted with the information shared by June Smith, a tenured professor at Long Island University. She shared the different types of communication styles, auditory, visual, and kinesthetic and showed her listeners how to effectively

use all three. Smith told the group studies indicate that it only takes 15 seconds of speaking to reveal one's personality, intelligence, education, upbringing, and ethics. She concluded by citing Proverbs 25:11, "A word fitly spoken is like apples of gold in pictures of silver." "To be an effective communicator," she says, "behavior must be congruent to speech."

Alanzo Smith, correspondent GNYC

Special Mother's Day At Pembroke Church

Mother's Day at the Pembroke church was a special time shared with families as all the mothers were invited by the men of the church to "sit and eat."

The mothers received special commendation during the church service and, during the Children's Ministry department time, members of the Women's Ministry department presented each mother with a flower. Several tributes to mothers were also presented. Pamela Simmons, general accountant at the Bermuda Conference, delivered an inspirational message entitled, "No Matter What!" She encouraged all mothers and fathers to become a parent like God who loves His children no matter what they bring to the table. We

were truly blessed as she also did some role playing where she and her son dialogued (playing both parts herself) about how she is not there for him now that he is older. "You used to be there for me, momma. But now you don't show up for my football games, or whatever else I do..." It was a moving experience.

Following the service, the mothers were invited to "sit down and eat." Some of the comments made to the men who were responsible for making the Mother's Day celebration so special were "The food was delicious," and "You need to do this again before next



Mothers seated for a special meal hosted by the men of Pembroke church.

Mother's Day." During the AY time the younger children gave tributes to their mothers. The mothers left church feeling they were well appreciated for simply being a mother.

D. Randolph Wilson, correspondent BDA

Somerset Church Tidbits

Celebrating 100 Years

Centenarian, Esther Allen-Bentley, retired musician, born March 8, 1904, was recognized for her contribution to the community. She has a list of achievements to her credit, most notable perhaps was her desire to assist young people in being



Centenarian Esther Allen-Bentley was recognized for her contribution to the community.

trained in her discipline—music. She taught many, and formed a scholarship fund to send aspiring musicians to the prestigious Julliard School. Allen-Bentley was presented with a plaque and a beautiful lap blanket since she is confined to a wheelchair. Much to everyone's surprise, she requested to play the piano and delighted the congregation with a melody of hymns.

Allen-Bentley's recognition was held on Community Guest Day which concluded our Week-of-Prayer that ran from February 28 through March 6. The Somerset church was afire with the dynamic preaching of Pastor Bob Mounter. From the first powerful message "Nobody like Jesus," on the

opening night to the last sermon, "Don't Look Back," he stirred our hearts. The sermon title for the culmination of the week's meetings was "Who Are We," an excellent topic that addressed who we are as Seventh-day Adventists and what we believe.

Food for the Brain

Our Friday night youth meeting, "Food for the Brain," continues to draw the young people. Dwayne Caines, media relations spokesperson for the Police Department, spoke recently about the law and the consequences of criminal activities. The youth listened intently and there was a lively question and answer period that followed.

A Luncheon with a Difference

The Sabbath school department conducted a luncheon with a difference on March 27. The menu featured dishes from Israel, Scandinavia, and the Sudan, countries that benefitted from the 13th Sabbath offering. The dishes proved quite tasty and the luncheon was a resounding success, giving way to perhaps making this a quarterly event.

*June Dill, communication director
Somerset church*

OFFICIAL NOTICE

Bermuda Conference of Seventh-day Adventists

NOTICE is hereby given that the 7th Triennial Session of the Bermuda Conference of Seventh-day Adventists will be held at the Hamilton Seventh-day Adventist Church Complex, Hamilton, Bermuda, on Sunday, September 12, 2004, at 8:30 a.m. The Organizing Committee will meet on Thursday, September 9 at 6:00 p.m. and the Nominating Committee will be meeting on Friday, September 10 at 5:30 p.m. The purpose of this meeting is to elect Officers, Executive and Trustees Committees, the School Board, and Departmental Directors for the ensuing term; to receive reports; and to transact such other business as may properly come before the session.

Each church is entitled to one delegate for the organization and one additional delegate for each 25 members or major fraction thereof. Additional delegates are members of the Executive and Trustee Committees of the Bermuda Conference; members of the Executive Committee of the Atlantic Union Conference; all employees holding credentials and licenses issued by the Bermuda Conference; and members of the General Conference Executive Committee who may be present. The number of General Conference delegates shall not exceed 10% of the total number of regular delegates.

Samuel U. Bulgin, President
Sydney C. Gibbons, Secretary

OFFICIAL NOTICE

The Trustees of the Seventh-day Adventist Church of Bermuda

NOTICE is hereby given that a meeting of the Trustees of the Seventh-day Adventist Church of Bermuda, a legal corporation, will be held in connection with the Conference Session of Seventh-day Adventists at the Hamilton Seventh-day Adventist Church Complex, Hamilton, Bermuda, Sunday, September 12, 2004. The first meeting of the legal corporation will be held at 11:00 a.m.

The purpose of this meeting is to elect a board of trustees and to transact such other business as may properly come before the meeting.

Delegates to the Conference Session of the Bermuda Conference of Seventh-day Adventists are the delegates to the Conference Session of the Bermuda Conference Legal Corporation of Seventh-day Adventists.

Samuel U. Bulgin, President
Sydney C. Gibbons, Secretary



Connected, We Can Make a Difference

Have you ever encountered a job that was just too big to tackle by yourself, but you were too proud to ask for help or in too big a hurry to get it done to wait for help to arrive? In his book, *DEVELOPING THE LEADER WITHIN YOU*, John Maxwell tells a story that should remind us to ask for help when we need it.

There was a bricklayer who needed to move five hundred pounds of brick from the top of a four-story building to the sidewalk below. On the insurance form he explained what happened. “It would have taken too long to carry the bricks down by hand, so I decided to put them in a barrel and lower them by a pulley which I had fastened to the top of the building.” (Who needs help when you can design a machine? That’s Yankee ingenuity. We’re proud of our independent spirit.)

“After tying the rope securely at the ground level, I then went up to the top of the building. I fastened the rope around the barrel, loaded it with bricks and swung it out over the sidewalk for the descent.

“Then I went down to the sidewalk and untied the rope, holding securely to guide the barrel down slowly. But since I weigh only one hundred and forty pounds, the five hundred pound load jerked me up from the ground so fast that I didn’t have time to think of letting go of the rope. And as I passed between the second and third floors, I met the barrel coming down. This accounts for the bruises and lacerations on my upper body.

“I held tightly to the rope until I reached the top, where my hand became jammed in the pulley. This accounts for my broken thumb. At the same time, however, the barrel hit the sidewalk with a bang and the bottom fell out. With the weight of the bricks gone, the barrel weighed only about forty pounds. Thus, my one hundred and forty pound body began a swift descent, and I met the empty barrel coming up. This accounts for my broken ankle.

“Slowed up only slightly, I continued the descent and landed on the pile of bricks. This accounts for my sprained back and broken collarbone.

“At this point, I lost my presence of mind completely and let go of the rope. And the empty barrel came crashing down on me. This accounts for my head injuries.

“As for the last question on the form, ‘What would you do if the same situation arose again?’ Please be advised that I am finished trying to do the job alone.”

In his best-selling book, *THE PURPOSE DRIVEN LIFE*, Rick Warren reminds us that we need help because God designed us to work together. “Because God loves variety and he wants us to be special, no single gift is given to everyone. Also, no individual receives all the gifts. If you had them all, you’d have no need of anyone else. That would defeat one of God’s purposes—to teach us to love and depend on each other.”

I am dependent in some areas of my life. I am technologically challenged, and have to call Julie from the Information Services Department at Parkview almost every week. I can’t do my job without Julie. I would feel badly about bothering her, except I know how I feel when a nurse stops me in the hallway and asks me to visit a certain patient who needs the services that I can offer. I feel valued, needed, and part of the team. I see myself as part of the bigger whole—a hospital whose mission is to deliver excellent whole person care. Maybe that’s how Julie feels when I call her. Connected, we can make a difference. We can do things as a team that we would never even attempt to do alone.

God designed us to live and work and serve in community—needing each other and helping each other. The quality of our churches ultimately depends upon how well we can work together. So go ahead, ask someone to join you in your ministry. And go ahead, be willing to jump in and serve when you are asked. Let’s do life and church connected.

*Collette Pekar, associate pastor
Brunswick Seventh-day Adventist Church*

Reprinted from the Northern New England Conference CONNECTION, May/June 2004 issue.

St. Johnsbury Elementary School Students Respond

What began as a modest fund-raising project has become a huge public relations opportunity for the St. Johnsbury elementary school and church!

In early April, the school began a bottle and can drive to benefit the survivors of a devastating home fire. Twelve-year-old Maria Shepard lost her dad and two brothers in a fire this past February in Dalton, New Hampshire. Her father perished after he ran back inside the burning structure to rescue his two sons. While Maria's mother, Lorena, is still recovering in a Massachusetts hospital from severe burns over 75 percent of her body, Maria is living with her grandmother in Maine. She is the great-granddaughter of Mildred Wright, a long-time member of the St. Johnsbury church.

The school's goal was to raise \$400 for the family's needs during the mother's recovery. As a result of widespread community support, however, more

than \$2,000 has been raised.

The owner of the local newspaper donated thousands of flyers, to be included in one day's run, with Maria's picture as well as locations for bottle deposits and pick ups. In addition, the school's sponsorship of the drive, with its address and phone number, was set out in bold-face type.

Several local redemption centers posted the flyers and encouraged customers to support the cause. Both PriceChopper and Rite Aid, where Maria's mother was employed, erected displays and containers for their customers to use.

The local radio station broadcasted numerous public-service announcements and, as a result, invited the school teacher, Michelle Sabo, and the students for a drive-time live interview.

Four hundred employees in a local manufacturing facility have also gotten involved as a group, collecting and

redeeming bottles and donating the proceeds to Maria's cause.

The Sunday school classes of a church in a nearby town raised \$500 and their Women's Group donated an additional \$100, which they sent to Maria's grandmother to help pay for the family's transportation costs to and from Boston.

Individuals have also caught the spirit of the drive. People have called from as far away as Rhode Island and Michigan for information so they could send checks.

When the St. Johnsbury elementary school students respond to calls for pick ups, they have the opportunity to meet new people, many who did not know the school existed before this drive was conceived and publicized. The students have seen an attempt to help a young girl snowball into significant recognition for their school and church.

*Judith A Kendall, correspondent
St. Johnsbury church*

The Indonesian Company Are True Pioneers



The members of the Indonesian Company hope to become an official church within the year.

The members of the Indonesian Company are true pioneers. They have left family, friends and possessions to seek freedom from oppression for their religious convictions. There is a strong sense of family that seems rare in this world today. They became a Company two years ago and within the year hope to become an official church entity. The fifty plus attendees not only fellowship within their own church, but with other Indonesian faith groups such as Catholic, Baptist and Presbyterians. Let us remember the Indonesian Company and pray for their continued growth in Christ.

*Greg Keene, communication staff
Rochester church (N.H.)*



Roman and Maria Koslov ministered to those who attended the evangelistic meetings held at Troy Seventh-day Adventist Church.

Troy: Reaching the Community

Half of those attending church services on Sabbath morning at the Troy Seventh-day Adventist Church are not Seventh-day Adventists! This carries over into evangelism. Pastor Roman Kozlov finished a series of evangelistic meetings on May 9. The meetings were attended by about 40 people, half of whom were not Seventh-day Adventists. These people did not come because of handbills that were mailed out. They are people that attend the Troy church weekly because they enjoy attending, and the services and fellowship meet their needs. Pastor Koslov was not the only speaker for the evangelistic series. Church members took turns presenting the messages. This was a first for many of the speakers, but the Holy Spirit took control and they spoke with "boldness."

*Steven Gallimore, president
New York Conference*

Project ACT

Education. It's more than learning, it's doing. This goal can be seen in one of our new educational offerings at Union Springs Academy (USA). USA students will have the opportunity of being involved with Project ACT.

Project ACT is a two-year evangelism initiative which will be based at the Auburn Seventh-day Adventist Church (fifteen minutes from USA) and will involve students from Union Springs Academy. "ACT" stands for Advance Christ's (Kingdom) Together.

Advance: Purposeful action taken to help others.

Christ's (Kingdom): Building God's kingdom on earth and looking forward to completion at Jesus' second coming.

Together: Building community with unity, diversity, and integrity.

Pastor Bill Hrovat says, "The Auburn church is looking forward to working with Pastor Bishop and the students of Union Springs Academy. We are very excited about Project ACT and know that it will be a great blessing to our church and to the community."

Students will have the opportunity to give Bible studies, be a part of evangelistic and health seminars, preach, and be involved with various friendship activities. "This will be an opportunity for the students to have practical experience to go along with their Bible class," says John Baker, the principal of USA.

*Londa Bishop, chaplain and Bible teacher
Union Springs Academy*



Family Camp I

August 1-8, 2004

Guest Speaker: Rick Kuntz

Family Camp II

August 8-15, 2004

Guest Speaker: Jack Sequiera

Learning Discipleship

As the events of earth's history remind all of the urgency of time, students at Parkview Junior Academy are putting their faith to work through involvement in a variety of outreach projects. For several years, the school has sponsored a young girl in an orphanage in Mexico. Every Monday students are allowed to come to school out of uniform, with the stipulation that to do so they must pay 50 cents for the privilege. This money pays for the sponsorship for the young orphan. In addition to the money collected, students also make Maricruz cards and write letters. The entire school buzzes with excitement when she writes back.

Parkview's annual Christmas concert also includes an outreach project. Last Christmas, students and parents joined hands to put together 15 gift boxes for shut-ins from some of our constituent churches.

Every class in the school plans new ways to show others the love of Jesus. Students in Grades 5 and 6 heard of a



The kindergarten and first grade students of Parkview stop to take a photo following a shopping trip.

project to send gift bags to students at a school in North Dakota. These children would probably not receive any other Christmas gifts. Our students

raised the money for the gifts, took a trip to WalMart and purchased gifts that they would like to have received themselves. Purchasing gifts for children who didn't have electricity or money for batteries was an eye opening experience.

Students in Kindergarten and first grade raised money, and brought in gifts for children living at the Vera House, a shelter for victims of domestic violence. The students went shopping in small groups from

school and purchased some of the gifts themselves. Before going, they knelt together and prayed that the Holy Spirit would help them choose just the right gifts for the children who would receive them.

The seventh, eighth, and ninth grade girls decided to form a GIRLS (God Is Righteous, Let's Share!) Club. All year they searched for ways to reach out to others. They baked cookies and went caroling in the neighborhood, to name a few activities they pursued. One of the girls reported, "It would seem that caroling is a lost tradition because as we went door to door people exclaimed that they had never had carolers, and some had lived in the area for over 40 years! God's Spirit was present as emotions were displayed, and future visits requested!"

What a blessing to both students and the community! Parkview, with its students, teachers, parents, and supporters, patiently await their Savior and Friend's return. But...they do not wait quietly, rather they look forward to watching God's Holy Spirit work through them as they find ways to share His love with those in need.

*Sue Hayford, principal
Parkview Junior Academy*

Gifts of Great Grace!

New York Conference Women's Retreat

November 5-7, 2004

at the
Watson Homestead Center
Painted Post, New York

Keyote Speaker: Lynn Ortel
Seminar Presenter: Kelly Vielleux and Team

This weekend will also include special seminars just for young women ages 16-19

Call the New York Conference for details
(315) 469-6921



Academy Student the Youngest of Twelve

Conducting Evangelistic Meetings in Cameroon

Mystere Gibbons, an academy student from Bermuda Institute and a Cameroonian by birth, was the youngest of twelve preachers who launched global evangelism for 2004 in Cameroon. The meetings, held January 23 to February 7, attracted nightly visitor attendance that ranged in three clusters. Those conducted in the more developed cities attracted 15 to 40 persons on any given night. Visitor attendance in city centers in more rural areas ranged between 150 to 200. Those in the villages of North Cameroon attracted visitor attendance of 4,000 to 5,000. A total of 280 individuals were baptized at the conclusion of the twelve meetings. Mystere did more than return to her country of birth to visit family and

friends. She returned as a missionary to share the good news of Jesus Christ.

Mystere's meeting was held at the Ndobo Seventh-day Adventist Church in the city of Douala. She preached nineteen sermons over a two-week period. As a result, five individuals made decisions to follow Christ, and six others were taking Bible studies at the conclusion of the meeting in preparation for baptism.

Mystere shares some highlights of her first experience preaching.

"When I was asked to be part of the missionary group launching the Global Evangelism meetings in Douala, Cameroon, I couldn't refuse to be a part of such a grand fes-

B y S y d n e y G i b b o n s

tival, though I knew it was going to be a great responsibility. Many times I asked myself why God allowed me to be chosen as a speaker in my own country. I never really did know the answer, but I did know that I liked the feeling of God using me as an instrument of His praise.

“Once I arrived in Douala, Cameroon, I was encouraged by both my adopted family and my biological family. When I began the seminars, many people including the church members were astonished not only because of my age, but also because I was a young lady preaching the gospel of Christ which was uncommon in the country.

“I truly believe the hand of God guided me every step of the way. I want to take the time to thank Him for allowing His Spirit to work on the heart of each person present in the Ndobo church every night. It would be very cruel of me to take all praise for myself, for I know that it was only Christ working through me.

“All of us want to feel a sense of belonging—a sense of peace. We all want to be loved. Many times we search for these things in the wrong areas. For some, drugs might be a peace giver. For others sexual intercourse might give them that sense—the sense of being loved. Some are involved in gangs because it gives them a sense of belonging. We sometimes make decisions that we later regret. But I want to let everyone know that there is only one answer to all of humanities problems—Jesus Christ! He promises in the Bible that He will never leave us nor forsake us. He tells us that if we just come to Him, He will make our burdens much lighter. Christ is the only peace giver. He’s the only one who loves us unconditionally. All we have to do is give Him our heart.

“I would like to thank the coordinators of Global Evangelism for organizing this plan of evangelism. This program is a significant way of spreading the gospel of Christ to all generations. I pray that God would bless them tremendously as they continue to direct their ministry of evangelism.” ☺

Sydney Gibbons, executive secretary for the Bermuda Conference, traveled to Cameroon with his daughter, Mystere, as one of the twelve evangelists for this series of meetings.

Photo Caption top of page 16: The five newly baptized members from right to left on the front row are Tchounga Beranice, Fokum Kennedy, Bitong Bi Matick, Ngo Matick Deborah Agnes Carine and Ngo Matick Ruth. Mystere is on the far right in the photograph, while her crusade translator Pastor Songna Andre is on the far left. Pastor Matick Jacques of the Ndobo church is in the middle to the rear of the photograph.

Mystery Unfolds in Service

Mystere Dipita Guiadem Gibbons lives up to the meaning of her name—mysterious. Her biological mother, a Cameroonian of the Bamilike tribe, tells the story of her birth. Mystere was the last of five children born to her parents, Pastor Jean-Claude Mongo, a Cameroonian of the Bassa tribe, and his wife, Charlotte Mongo. The unanticipated pregnancy resulting in her birth on August 19, 1987, in Douala, Cameroon, led to the choosing of her name.

At age eight she became best friend to Meliseanna Gibbons who was her junior by six months. Meliseanna is the daughter of Sydney and Katherina Gibbons of Bermuda. As missionaries they lived in the same compound with the Mongo family, in Bali, Douala, Cameroon. Mystere was adopted into the Gibbons’ family on December 20, 2001, in Bermuda. Her new family provided opportunity for her to pursue education in places where they resided—Bermuda, Jamaica, and the United States. Mystere resides in Devonshire, Bermuda, with her adopted family.

Mystere shares her family’s philosophy of life that places a high priority on Christian service. The entire Gibbons family joined a team of twenty-one persons from Bermuda who traveled to the Barcelona Township, fifteen minutes drive outside of Cape Town, South Africa, to engage in mission service from October 19 to November 20, 2003. Mystere then traveled with her father, Sydney Gibbons, from Bermuda to Cameroon to conduct evangelistic meetings at Ndobo, Douala. She would also profit by the occasion to visit members of her biological family.

Mystere welcomed the suggestion of her father to preach for the first time during an evangelistic campaign in her country of birth. The global evangelism strategy and materials made it easy for her to accept the challenge. Her outgoing personality, her comfort in public speaking in both English and French, and her commitment to Christian service helped her decision making. However, the prospect of going home to visit family and friends six years after leaving Cameroon was an offer she could not refuse.

Mystere, now sixteen years old, has been exposed to education in the public school, private school and home school systems. She is presently a tenth grade student at Bermuda Institute. She is determined to become a medical doctor. Her dream is to return to Cameroon to serve as a medical missionary in the country of her birth. ☺

Bethany Members Join Clergies and Other Agencies in a Revitalization Project

Two years ago Vanessa Pugh, Lionel Harvey, Mary Cameron, Patrick Duggan, now Nassau County Deputy Executive in Intergovernmental Affairs, took a look at the New Cassel Community where they worship and came to the conclusion that the community that had been overlooked by the Government for too long needed a face lift.

Determined to make a difference, the group took to the streets and the churches looking for individuals to share their vision. Today there are 150 Block Captains overseeing the street cleaning along with personnel from the towns.

In March 2004 their dream became a reality. The town of North Hempstead voted to have developers begin the work of revitalizing the New Cassel community. They will have a bank, pharmacy, low income homes and apartments, a childcare program, medical



Pictured are members of the group involved in the New Cassel revitalization project. They represent various state, county, and church entities.

offices, as well as other businesses. The work is expected to be completed in 24 months.

According to Mary Cameron, communication director for the Bethany church, "When people mean business, the Government does not have much choice than to follow."

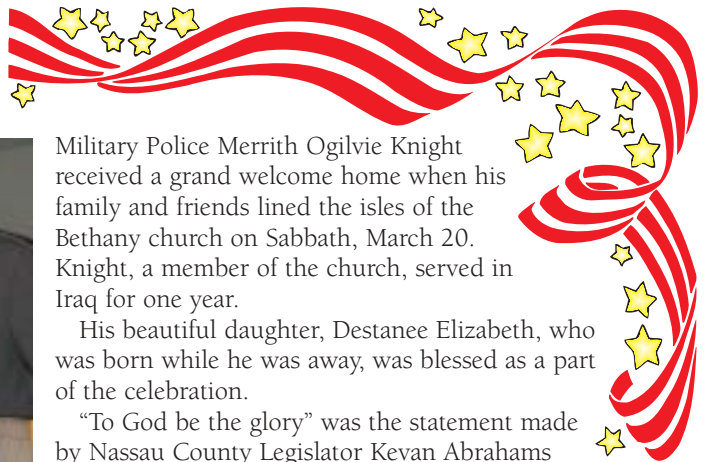
The project has the full support of the Town of North Hempstead, New York State Senator Micheal

Balboni, Nassau County Executive Thomas Suozzi, and the Nassau Office of Housing and Intergovernmental Affairs.

The Bethany church along with others will be receiving a grant for a face lift. The churches are busy preparing for those who will occupy the homes and businesses in that area.

*Errol Cameron, Jr., communication staff
Bethany church*

Welcome Home from Iraq



Merrith Knight (third from left) with his wife and parents shown with Nassau County Legislator Kevan Abrams (right).

Military Police Merrith Ogilvie Knight received a grand welcome home when his family and friends lined the isles of the Bethany church on Sabbath, March 20. Knight, a member of the church, served in Iraq for one year.

His beautiful daughter, Destanee Elizabeth, who was born while he was away, was blessed as a part of the celebration.

"To God be the glory" was the statement made by Nassau County Legislator Kevan Abrahams who was among the special guests. Also on hand for the event were April Brown-Lake, representative of the Town of North Hempstead, and Sharon Gripper, representing Legislator Roger Corbin's office.

The church family is thankful to God for protecting Knight and reuniting him with his family.

*Errol Cameron, Jr., communication staff
Bethany church*

Groundbreaking Event for Hispanic Women's Ministries

Under the leadership of Amelia Medina, wife of the current Hispanic Ministries coordinator, the Northeastern Conference Hispanic Ministries Department held its first ever Women's Ministries Leaders Convention in Boston, Massachusetts, on Sabbath, March 27. Pastor Manuel Medina inaugurated the event by welcoming the participants and emphasizing the value of women's ministries in evangelism and community outreach.

More than one hundred Women's Ministries and Family Life Ministries leaders from the conference were present for this momentous occasion. The sisters of Bethel Hispanic Church, led by Rosemary Ramos, Marisol Marmol, and Rosa Rodriguez, proved to be most

gracious hostesses, providing an atmosphere fit for queens.

The event and its activities were inspirational and spiritually enriching. The speaker for divine service, Norka Blackman-Richards, presented a passionate appeal for women to break free from societal strongholds and embrace the power of prayer. In the afternoon, the attendants participated in one of three vibrant breakout sessions. Dr. Delia Rhys presented alarming facts on breast and ovarian cancer and their direct link to stress and dietary choices. Leticia Lopez presented a session on how women can lead meaningful devotional lives in spite of their busy schedules. Amelia Medina presented a session on how women leaders can carry

out dynamic women's ministries activities in the local church and community. Eunice Senior-Baker, wife of the conference president, shared a soul-stirring personal testimony for Vespers.

Many of the attendees expressed the sentiments that this event was long overdue and made a public appeal for another one to be held soon. One invited guest, Carrie Peters, Women's Ministries leader for the New England area, commented at the end of the day that undoubtedly every woman present had been galvanized to go back to her church and do a whole lot more for the Lord.

*Norka Blackman-Richards, wife of Pastor Warner Richards
Corona church*

Women's Ministries Day at Ellenville

Celeste Ryan, assistant to the president for communication and editor of the VISITOR magazine in the Columbia Union, was the special guest speaker at the Ellenville Seventh-day Adventist Church in Ellenville, New York, on March 27 when they celebrated Women's Ministries Day. Ryan's topic "Dying of Thirst" was a timely message for today's world that is dying of thirst because many have not had the opportunity to drink of the living water offered by Jesus Christ.

The day was a blessing to all who attended. After the service, a fellowship luncheon was served to the women by the men of the church. We really enjoyed being served for a change.

In the afternoon, Ryan involved all the adults in a Personality/Interpersonal Communication Assessment. This exercise was done to teach us about each other's personality in order to assist us in getting along better as a church family. The entire church was blessed by this activity.

*Sylvia A. Kohloa, Women's Ministries leader and assistants, Yolanda Desarme and Sheena Anthony
Ellenville church*



The women of Ellenville were blessed by the message presented by Celeste Ryan (first from left in back row).

Disabilities Awareness Day Held at Fitchburg Church

April 10 was highlighted in the Fitchburg church as Disabilities Awareness Day. A sermon-symposium was coordinated by Thelma Hale. The title of the presentation was "Heaven Bound: Camping on the Way."

A duet by Angel Jean-Louis and Kathleen Kitching, "I feel like going on... though trials come on every hand," expressed our attitude in this world that is not our home.

Melinda DeMass read a poem entitled "If we only understood." It plainly stated that "If we could but draw back the curtain that surrounds each other's lives,... we would love each other better if we only understood."

Theresa Turbide read the Scripture in Braille from Isaiah 53:1-7. By her smile and cheerful voice she showed her love for the One described in the text.

Frank Jackson, area representative of Christian Record Services (CRS), outlined the many ways CRS reaches out in support of the disabled.

He presented to Theresa Turbide and Cindy Ann Metivier an NIV Bible on cassettes. In addition Jackson present-

ed Cindy with a certificate from CRS in recognition of her enthusiastic leadership in raising \$170 for the CRS project of Bibles for the blind.

On the way to heaven we value the simple things of life and cherish the privilege we have to educate our children. So, the children's story told by Angel Jean-Louis helped them to understand how to treat a blind friend. Then after the story the children gathered around as two babies were brought by their parents to be dedicated to the Lord by Saul Torres, head elder. Nassra born July 31, 2003, is the daughter of Anna and Sengi Ngeni, and Tanisha

Emmanuela born December 5, 2003, is the daughter of Michaelle and Romane Tanis.

*Thelma E. Hale, communication secretary
Fitchburg church*



Anna and Sengi with daughter, Nassra, and Michaelle and Romane Tanis with daughter, Tanisha.



Frank Jackson presented Cindy Ann Metivier with a certificate of recognition.



Theresa Turbide read the scripture in Braille.

Mildred Lewis Marks 100 Years

Nearly 75 persons gathered in the Village church fellowship hall to help one of their members, Mildred Lewis, celebrate her one hundredth birthday. Lewis enjoys gardening and so it was a birthday garden celebration. The event sponsored by the church's Women's Ministries department, under the leadership of Rosemary Sprague, was their last meeting of the season.

In addition to receiving a rectangular birthday cake with twenty-five candles in each corner, Lewis who turned 100 on May 7, enjoyed a delicious meal prepared by Beth Currie.



The group traveled down memory lane with Fern Babcock, wife of George Babcock, president of Atlantic Union College, who related many mission stories of their experiences together in Africa.

Lewis cherishes many happy memories. She also enjoys reading books and making quilts for her family.

The Women's Ministries department will become active again in the fall and will continue to bless the members and friends of the Village church with its ministry.

*Geraldine I. Grout, communication secretary
Village church*

Mildred Lewis at her 100th birthday celebration.

Quoi de Neuf?

A TRAVERS L'ÉGLISE MONDIALE

Zambie : le gouvernement demande qu'on s'engage contre le SIDA alors que le ministère télévisuel fête son dixième anniversaire

4 Mai 2004, Lusaka, Zambie [ANN] — Pour marquer 10 années de télévision ayant amené au moins 12 000 personnes à l'Église adventiste du septième jour de Zambie, les dirigeants d'Église et des dignitaires gouvernementaux en ont loué les efforts tout en ajoutant des tâches à accomplir dans l'avenir.

Cet anniversaire fut l'occasion d'une célébration qui a rassemblé, le 25 avril dernier, 3 000 personnes.

“Peut-on vraiment mesurer l'impact du ministère de la Voix de Prophétie sur la population zambienne, ces dix dernières années ? Je crois que seul le ciel pourra raconter cette histoire dans son intégralité,” a dit le pasteur Passmore Hachalinga, président de l'Église adventiste de Zambie. “Nous souhaitons remercier la chaîne nationale de télévision Zambia National Broadcasting Corporation (ZNBC), la

société Zambia Mass Communication (ZAMCOM) et l'agence Zambia Information Service (ZIS) pour le travail réalisé en partenariat avec nous.”

George Chulumanda, ministre adjoint chargé de média audio-visuels et de l'information au sein du gouvernement zambien, a complimenté les adventistes pour les émissions de la VOP et a exhorté l'Église à contribuer à la solution d'une crise de santé majeure.

“Pendant que vous continuerez de prêcher la bonne nouvelle du salut, soutenez, s'il vous plaît, la lutte du gouvernement contre le fléau du VIH/SIDA,” a déclaré M. Chulumanda. “Nous nous rendons bien compte que quand vous convertissez des gens à la foi chrétienne, des modifications de comportement vont se produire, avec un effet favorable sur le combat contre le VIH/SIDA. Nous ne vous en

demandons pas moins d'aller plus loin que le domaine de la prière et de la prédication de la Bible, pour disséminer des informations vitales sur la manière selon laquelle nous pouvons empêcher cette pandémie moderne de se répandre.”

Le ministre a joint sa voix à l'interprétation de l'hymne de clôture et a dit qu'il viendrait assister à un culte à l'Église adventiste Libala.

Un membre du chœur de l'Église Libala, qui travaillait au sein de l'armée de l'air zambienne, est décédé deux jours plus tard quand l'hélicoptère qu'il pilotait s'est écrasé dans le quartier Makeni de Lusaka. Outre ce chœur, neuf autres avaient pris part à la célébration de ce dixième anniversaire.

P. N. Mulambo
Adventist News Network Staff
Traduction: Claude Fivel



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Controlled by Money

My parents are paying for my education. Therefore, they feel they have the right to choose my major for me. Right now the major that I am in is not what I want to be in.

There are several reasons why parents behave the way you have described above. One of them is fear that their son or daughter might not make the right choice academically and since the parents feel it is their responsibility to counsel and guide them, they demand that a choice be made as they, the parents, see it.

The second reason is that parents have been there for the child since birth and have seen the helplessness and feel this is a major and important decision in their child's life. Their telling, insisting, demanding or commanding is a way of helping the person on the right road to success. Also, since they are sacrificing to pay the bills,

they want to be sure their children don't waste the money by not graduating.

However, the above reasons are no excuse for not allowing you to choose the major you want to pursue.

My advice is that you make an appointment with your parents. With respect, let them know you appreciate all they have done for you, the guidance and the concerns they have for you, and explain to them your plans for the future with the major you want to pursue. Let them know you really do not like the major you are presently working on and that you could do much better if you pursue the major you really enjoy doing and want to do.

Young people tend to discuss their future goals and plans with their peers and overlook discussing them with their parents. This causes parents to become anxious and assume that their son or daughter has no plans. So let your parents know your plans and goals for the future. That way everybody wins.

Trying to Survive

I have a friend who has thought of committing suicide many times. It's gotten to the point where my friend has picked up a knife. What should I do?

I am glad you asked! The pressures of life, the emotional and physical changes that come to bear upon people could be very overwhelming, and many young people view suicide as a way out. The National Mental Health Association in its fact sheet indicated that almost 5,000 young people ages 15 to 24 kill themselves every year. The rate of suicide for this age group has nearly tripled since 1960, making it the third leading cause of death in adolescents and the second leading cause of death among college age youth.

Young people feel isolated and depressed, especially when they are going through situations that make them feel hopeless. A temporary situation is viewed as permanent with no foreseeable solutions. Because of the complicated nature and the seriousness of one attempting suicide, here is how you can help:

- ☛ Pray with your friend and encourage him/her to get professional help by calling the hot line in your area.
- ☛ Ask your pastor, physician, or social worker for help and/or referrals that you can give to your friend.
- ☛ It is important for you to listen to your friend. Do not panic or lecture the person.
- ☛ If this incident is in the dormitory you must let the dean know, since the person's life as well as other lives are at risk.

Lois King is a family life educator.

Send your questions and letters in response to the Youth & Relationships column to:

YOUTH Relationships

Atlantic Union Conference
PO Box 1189
So. Lancaster, MA 01561

Phone: (978) 368-8333

Fax: (978) 368-7948

E-mail: gleaner@atlanticunion.org

BulletinBoard

Sunset Table

August 2004	6	13	20	27
Bangor, ME	7:52	7:41	7:30	7:18
Portland, ME	7:55	7:45	7:34	7:22
Boston, MA	7:55	7:46	7:35	7:24
South Lancaster, MA	7:58	7:48	7:38	7:26
Pittsfield, MA	8:04	7:55	7:44	7:33
Hartford, CT	8:00	7:51	7:41	7:29
New York, NY	8:03	7:54	7:44	7:33
Albany, NY	8:05	7:55	7:45	7:33
Utica, NY	8:14	8:04	7:53	7:41
Syracuse, NY	8:17	8:07	7:57	7:45
Rochester, NY	8:23	8:13	8:03	7:51
Buffalo, NY	8:27	8:18	8:07	7:55
Hamilton, Bda	8:09	8:02	7:54	7:46

Eastern Daylight Saving Time

ATLANTIC UNION

ATLANTIC UNION

Attorney's Conference—On October 15-17, 2004, a conference will be held for the attorneys and law students in the Atlantic Union. Those making presentations will include attorneys from the legal and religious liberty departments of the General Conference. The conference will be held at the Sheaton Stamford Hotel, Stamford, Conn. For further information contact Charles J. Eusey, Esq., 42 Main St., Leominster, MA 01453. Phone (978) 534-1414.

E-mail: ceusey@euseylaw.com. Or visit www.atlantic-union.org/conferencc1015.htm.

OUT-OF-UNION

Announcing the Sunnydale Adventist Academy Alumni Weekend — October 1-3. Honor classes are '54, '64, '74, '79, '84, '89, '94. The Silver Showcase will begin Thursday evening – September 30. For more information call (573) 682-2164.

Baltimore Junior Academy's 89th Alumni

Parkview Retirement Village "Calling All Adventists"

If you are searching for secure, comfortable, affordable retirement living, then look no more. Parkview Retirement Village, nestled next to Parkview Memorial Hospital and the Seventh-day Adventist Church in the beautiful, historic, coastal town of Brunswick, Maine, is beckoning you.

Our nicely maintained 48-unit facility with single floor living is home to many NonAdventists and a small ratio of Adventists. We would like to build our Adventist residency.

Due to the generous beneficence of former resident Dr. Fuller Sherman, a trust has been established to assist needy residents with rental fees and other expenses. Costs are as follows: a one bedroom unit - \$460.00/month; a two bedroom interior unit - \$610.00/month; a two bedroom end unit - \$635.00/month. Garages are available for a fee of \$45.00/month.

If interested, call John G. DePalma at the Northern New England Conference (207) 797-3760 ext. 18 or 11.

Weekend "Revitalize, Revamp, Restore" September 24-26. The weekend features Friday vespers with current academy students, Sabbath services with U.S. Senate Chaplain Barry C. Black. Saturday evening mini-concert and Gala Social including awards ceremony. Sunday morning Alumni Constituency meeting. Call (410) 664-0384 for more information.

Breath of Life Count Down to NET 2004—Walter L. Pearson, Jr., director and speaker for Breath of Life Television Ministries will be the featured speaker for Net 2004. Net 2004 which is scheduled for the October 2-30, 2004, is the premier evangelistic event during the Year of Evangelism. <http://www.bolministries.com/newbol/home.htm>

Camp Wawonas 75th Reunion will be held September 10-12. Contact Karen Bergh at (559) 683-0290 or campwawonas@sti.net for reservations and information. If you are unable to attend, please send your name, address, phone number and when you attended Camp Wawona to hgardner@cccsda.org. We look forward to seeing you at Camp Wawonas 75th Reunion!

Cypress Gardens and Country Haven Academy 2004 Alumni and Friends Weekend. Do you ever think about the "scenery ever changing" and "sunsets ever glowing"? Join us July 23-25 in Pasco, Washington, for a reunion of alumni and friends of the school that's been known by both names. For more information visit www.alumni-news.com, call Donna Mustard at (206) 579-8022 (PST),

or e-mail: info@alumni-news.com.

Grand Rapids Junior Academy (Michigan) celebrates its 100th birthday and Alumni Homecoming, October 1-3. Information 1-877-261-6353, www.grja.org, or brice@misda.org. Please come and spend a wonderful weekend! RSVP if possible.

Pine Forge Academy's Alumni Weekend, September 3-5. The weekend features an alumni career fair, Friday vespers with Phyllis Pelote Edmonds ('64), Sabbath services with Charles Cheatham ('54). Awards program honoring former NPFAAA presidents and Peter McGalleria. Spotlight classes: '54, '64, '74, '79, '84, '94, '99, '04. Visit www.pfaalumni.org.

OBITUARIES

SENSEMAN, Laurence A.—92, b. May 21, 1911, in Camden, N.J.; d. Jan. 6, 2004, in Carlsbad, Calif. He was a psychiatrist and medical director of the Fuller Sanitarium in South Attleboro, Mass., for 31 years and later the medical director of the Mental Health Unit at the Glendale Adventist Medical Center in Glendale, Calif., for eight years. He served as president for ASI for 15 years and also president of the ICPA. He is survived by his wife of 25 years, Snoka Senseman of Carlsbad; sister, Miriam Perry Senseman of Hesperia, Calif; son, Loren Senseman of Istanbul, Turkey; daughters and sons-in-law, Cheryl and William Hay of Huntington Beach, Calif., and Anne and Russell Scott of Laruel, Md.; and granddaughter Michelle Fisher of Redlands, Calif.

Religious Liberty — Important Web Sites

- Adventist Public Affairs & Religious Liberty North American Division . . . <http://www.nadfreedom.org>
- Liberty Magazine <http://www.libertymagazine.org>
- Office of Legislative Affairs <http://ola.adventist.org>
- Other Religious Liberty Links . . . <http://ola.adventist.org/Links.htm>
- Public Affairs & Religious Liberty General Conference <http://parl.gc.adventist.org>

The Public Affairs & Religious Liberty (PARL) director in the local conference is also available if information is needed (see page 31 for the conference office numbers).

ADVERTISEMENTS

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Bermuda: Samuel U. Bulgin, President; Sydney C. Gibbons, Secretary; Derek R. Furbert, Treasurer. Office Address: Box 1170, Hamilton, Bermuda. (441) 292-4110. Web site: www.tagmet.org/bdaconf

Greater New York: Dionisio Olivo, President; G. Earl Knight, Secretary; Richard Marker, Treasurer. Office Address: 7 Shelter Rock Rd., Manhasset, NY 11030. (516) 627-9350. Web site: www.greaternewyork.org

New York: Steven Gallimore, President; Stan Rouse, Secretary; George Wheeler, Treasurer. Office Address: 4930 West Seneca Turnpike, Syracuse, NY 13215. (315) 469-6921. Web site: www.nyconf.com

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Northern New England: Mike Ortel, President; John G. DePalma, Secretary; Robert Sundin, Treasurer. Office Address: 91 Allen Ave., Portland, ME 04103. (207) 797-3760. Web site: www.nnec.org

Southern New England: Frank Tocherman, President; Juan Borges, Secretary; Merle Greenway, Treasurer. Office Address: 34 Sawyer St., South Lancaster, MA 01561. (978) 365-4551. Web site: www.sneconline.org

Atlantic Union College: George P. Babcock, President; 338 Main Street, South Lancaster, MA 01561; (978) 368-2000. Web site: www.atlanticuc.edu

Juan Borges Accepts Call to Serve as Executive Secretary and Hispanic Coordinator for the Southern New England Conference

Juan Borges accepted the invitation of the Southern New England Executive Committee at its February 19, 2004, meeting to serve as executive secretary and Hispanic Ministries coordinator for the conference.



Borges, who was born and raised in Chicago, Illinois, by Puerto Rican parents, was baptized at the age of 12. A product of Adventist Christian education, he attended eighth grade at Lake Shore Jr. Academy in Chicago, Illinois, and went on to Broadview Academy. In 1982 he received his bachelor's in theology from Antillian College in Mayagüez, Puerto Rico, and in 1987 he received his master of divinity from the Andrews University Theological Seminary.

Borges was ordained to pastoral ministry in 1990. His experience led him to work for the church in the various conferences: West Puerto Rico, Carolina, Central California, Idaho and, most recently, Southern New England. He also served in the Armed Forces for three years as an active duty Adventist Army Chaplain in Fort Bragg, North Carolina. He continues to minister to soldiers once a month as a Chaplain Major in the Army Reserves. Juan was mobilized to the Persian Gulf for active duty from January to June 2003 as part of Operation Iraqi Freedom.

Borges and his wife, Betty, who is from the country of Guatemala, have two adult children: Miguel and Lizbeth.

Borges assumed his responsibilities as executive secretary and coordinator for the conference's Hispanic Ministries on April 1, 2004. He is serving the approximately 13,000 members in 100 churches and 14 companies in the states of Connecticut, Massachusetts, and Rhode Island. ☺

On behalf of the church members, employees, and administrators of the Atlantic Union Conference we pray for God's guidance for Juan Borges and his family in his new assignment.

Ednor A. P. Davison, editor

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FUNDAMENTALS OF CHRISTIAN EDUCATION, p. 359.

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